Accessing our Services

Palliative care may benefit people with:

- Advanced or life-limiting illness
- Complex symptom needs
- Emotional, spiritual or social distress

How to access:

- Speak with your treating doctor or nurse
- Request a referral to the Palliative Care Team
- Families & Carers are welcome to ask for information

Contact Abelia Ward directly on 9549 6499

Online medical referral:

https://southeasternprivate.com.au/referrals/

Our Connections

We work closely with our industry partnerships to ensure contemporary and best practice.

- Southern Metro Region
- Palliative Care Consortium
- Community Palliative Services within the South East/Peninsula Regions

SMRPCC

PCOC

Contact Us

Palliative Care Unit (Abelia)

Cnr Princes Highway & Heatherton Road, Noble Park, Vic, 3174

Ph: 03 9549 6555

southeasternprivate@aurorahealth.com.au

CONSUMER APPROVED 2026

Palliative Care Unit

Compassionate support for patients & families

Improving comfort, dignity and quality of life for people living with serious illness.



Aurora
South Eastern
Private Hospital



What is Palliative Care?

Palliative Care focuses on improving quality of life for people living with serious or life-limiting illness. It can be provided at any stage of illness, as well as alongside active treatment.

Palliative Care

- Affirms life and regards dying as a normal process.
- Supports physical comfort
- Relieves pain and other symptoms (eg. vomiting, shortness of breath)
- Assists with emotional & psychological wellbeing
- Supports social and spiritual needs
- Supports the needs of families and carers

Aurora
South Eastern
Private Hospital

Who will benefit from Palliative Care?

Patients are admitted to us for various reasons, including symptom control, pain management and end of life care.

Palliative Care can be introduced early in the course of a patient's illness, alongside therapies intended to prolong life - such as chemotherapy or radiation therapy - and includes investigations needed to better understand and manage distressing clinical complications.

"On behalf of myself and our children, we want to say a "HUGE THANK YOU" to you all for your guidance and compassion with caring for Kevin during his last few weeks of his life. Also for all your caring of us at such an emotional and sad time. Thank you once again."
- Andrea



What we offer at South Eastern Private Hospital

Abelia Unit is an 11-bed speciality Palliative Care Unit, including a Reflection Room, as well as capacity for loved ones to stay overnight.

You will be supported by a Multi-disciplinary Team, which may include:

- Specialist Palliative Care doctors
- Specialist Palliative Care Nurses and Nurses with expertise in symptom management
- Social Workers
- Occupational Therapists
- Physiotherapists
- Dietitian
- Discharge Planning Co-ordinator
- Speech Pathologists
- Pastoral Care or Spiritual Care providers