



## Specialist Profile

# Dr Nayan Soni

## Psychiatrist

### Qualifications

---

PHTY; MBBS; FRANZCP

### Sub-specialties

---

- Men's Mental Health/fatherhood
- Mood Disorders
- Anxiety Disorders
- Psychotherapy
- Perinatal Mental Health
- Novel and emerging treatments
- Neurostimulation
- Addictive Disorders

### Languages

---

- English

### Telehealth

---

Yes, upon request

### Professional background

---

Dr Nayan Soni is a holistic Consultant Psychiatrist in private practice at Robina Private Hospital.

After developing his health science background from Physiotherapy, Dr Soni completed his medical degree at Griffith University on the Gold Coast. Dr Soni's curiosity of human expression provided the ideal foundation for psychiatric specialisation.

Since 2011, Dr Soni has trained and worked in a variety of medical and psychiatric settings across Australia. He aims to inspire hope and a growth-mindset in patients and their dear ones to achieve optimal recovery and quality of life.

Dr Soni has an integrative, nutritional and lifestyle approach to facilitate recovery, prevent relapse and promote wellbeing

He is presently completing further training in Addiction Psychiatry, and is involved in teaching and research.

### Referral and appointments

---

T: 07 5665 5155

F: 07 5665 5198

E: [privatepracticeroбина@aurorahealth.com.au](mailto:privatepracticeroбина@aurorahealth.com.au)

Referrals can be sent via Medical Objects